



# Alcohol and the Development of the Adolescent Brain

**Talk by Dr. Helen Mc Monagle, Alcohol Related Brain Injuries Rehabilitation Coordinator, Alcohol Forum.**

*While teenagers may physically look similar to adults, their brains are still developing.*

This talk will explore:

- Brain development during adolescence
- How this manifests in adolescent behaviour
- The impact of alcohol use during this critical time

This is part of a series of free talks on Youth Mental Health which is open to everyone who has an interest in Youth Mental Health. Further information on all talks is available at: [www.ecsligo.ie](http://www.ecsligo.ie) or [www.alive2thrive.ie](http://www.alive2thrive.ie) and FaceBook: [Page: alive2thrive](#)



Date	Time	Venue
Tuesday, 17 <sup>th</sup> October	7pm – 9pm	Sligo Education Centre
Thursday, 19 <sup>th</sup> October	7pm – 9pm	Carrick Education Centre
Tuesday, 28 <sup>th</sup> November	7pm – 9pm	Pastoral Centre, Ballymote
Thursday, 30 <sup>th</sup> November	7pm – 9pm	Bee Park Centre, Manorhamilton

*If you are interested in attending this public talk, please book your place by contacting:*

Talks in Sligo: Contact Sligo Education Centre, (071) 9138700 or Email: [info@ecsligo.ie](mailto:info@ecsligo.ie)

Talks in Leitrim: Contact Carrick Education Centre, (071) 9620383 or Email: [office@carrickedcentre.ie](mailto:office@carrickedcentre.ie)

This is a FREE event organised by the Sligo and Leitrim Youth Mental Health Initiative and sponsored by Sligo Education Centre, Carrick Education Centre and HSE West.